

EQUIPMENT LIST

Riders in the Snowies MTB Festival are expected to be self-sufficient for each of the stages of the event. No outside support is provided or permitted on the course. Full details are listed below.

COMPULSORY EQUIPMENT

Riders are responsible for their own equipment. Riders must carry:

1. A Mobile Phone with emergency numbers entered (Telstra recommended). Please see the notice board at Race HQ for emergency details.
2. Mountain Bike - In good working order and with plugs in the handle bars.
3. Bike Helmet - The bike helmet must be in good condition and meet Australian Safety Standards.
4. Two large water bottles (mounted in cages on your bike frame) and / or hydration pack;
- See Food & Nutrition notes below
5. A minimum of 1 litre of water
6. Number plate with timing transponder (provided)
7. Suitable Layered Clothing: The weather in the Snowy Mountains is unpredictable and changes very quickly and can be very cold. Ensure you have some layers that you can put on and remove in changing conditions. This should include a waterproof layer in case of rain.

FOOD & NUTRITION

Riders in the Snowies MTB Festival are expected to be self-sufficient for each of the stages of the event.

No support is provided or permitted on the course, therefore it is important that riders have the capacity to carry sufficient hydration and nutrition for all stages of the race.

Please note this excludes the 45k Marathon and 30k and 15k XC MTB which will include a 'Feed Zone' at Race HQ at the end of the 15km lap.

SUGGESTED EQUIPMENT

- Pump with correct valve connection
- Bike Shoes (if applicable)
- Sunglasses/Protective Eyewear
- Hat
- Sun Lotion
- Insect Repellent
- Spare tubes
- Repair Kit
- Two big tyre levers
- Spare Derailleur hanger
- Multi-tool
- CO2 adapter
- Small bottle of lube
- Two quick-links
- Spare valve core
- Cable ties
- Spokes for special wheels
- Spare batteries for any bike computers or heart rate monitors.
- Towel
- Cash to purchase food and drinks at stage after parties
- A change of clothes for the stage after parties

CLOTHING

- Comfortable riding shorts/pants.
- Bike Jersey
- Protective eyewear is recommended
- Gloves
- The weather in the Snowy Mountains is unpredictable and changes very quickly and can be very cold. Ensure you have some layers that you can put on and remove in changing conditions. This should include a waterproof layer in case of rain.
- A change of clothes for the stage after parties.

It is recommended that you have trained in any clothing and equipment that you choose to use on the day of the race so there will be no unwelcome surprises on race day.