

# LunarC Race Rules

## 1. COMPETITION

1. All riders must agree to the Waiver and Terms and Conditions of Entry as stated on the online entry form.
2. A rider can only receive Technical outside assistance during a race under the following conditions:
  - a. Authorised technical outside assistance during a race consists of repairs to or the replacement of any part of the bicycle.
  - b. Technical outside assistance shall only be given in the Feed Zone area. The Feed Zone area location will be determined by the race director and will be indicated by signs.
  - c. In the case of a competitor providing assistance to a fellow injured competitor, this would not be considered outside assistance. In the case where a competitor's lap time has been affected by providing assistance, the Race Director may, at his or her discretion, alter the overall event results to take this time into account.
3. Food and drink may be carried by a competitor. Glass containers of any sort can never be used by competitors during a competition.
4. Competitors riding bikes have right of way over competitors pushing bikes. Competitors pushing bikes must allow right of way, and not impede competitors who are riding.
5. Competitors must act in a polite manner at all times and permit any faster rider to overtake without deliberately obstructing. Slower riders must allow right of way to riders who are overtaking them. The overtaking rider should indicate the side they intend passing on by calling 'Track Right' or 'Track Left' to indicate which side they will pass on.
6. Short cutting the course will result in disqualification. If a rider leaves the course, they must re-enter at the same point they exited. The responsibility for following the official route lies with the competitor. Not following the official route may result in time penalties and/or disqualification.
7. The course will be marked by 25 x 20cm markers. Where forward pointing markers are placed on either side of the track, this forms a gate. All competitors must pass through this gate.
8. Riders are not permitted to willingly alter the course in any way without first consulting with the race officials. This includes moving rocks, logs or other natural obstacles; tape or course signage.
9. Foul riding or un-sporting behaviour may be grounds for penalty or disqualification. The penalty imposed shall be decided by the Race Director.
10. All appropriate laws and ordinances of the relevant jurisdictions shall be observed by all parties during participation in any event, and while at the event location.
11. Multi person teams, the number of laps completed by each person in a team must equate to a minimum percentage of the total number of laps completed by the team.

- a. Pairs – each person must have completed at least 40% of the total number of laps, this will be rounded up to the nearest whole number.
  - b. Fours – each person must have completed at least 20% of the total number of laps, this will be rounded up to the nearest whole number.
  - c. Sixes – each person must have completed at least 15% of the total number of laps, this will be rounded up to the nearest whole number.
12. In the event of injury and/or mechanical failure forcing a team member to withdraw the Race Director must be notified immediately.
  13. Start is a mass start with one rider starting from each team.
  14. Only riders who are nominated at registration are permitted to compete. No new team members are permitted to ride after the start of the event.
  15. Any and all protests/anomalies must be lodged in writing with the Race Director within 15 minutes of the end of the event.

## 2. TIMING

1. Start sequence/order and format is determined by the Race Director.
2. In2Adventure uses transponders to time racing. The transponder is positioned on the rear of the race number. It is the responsibility of the competitor to ensure the transponder is fixed securely. The competitor accepts that no lap will be recorded if they do not have their race number with transponder attached clearly to the front of their bike at all times while racing.
3. Competitors must display the number supplied to them at all times during competition or whilst training on the course. The numbers must be displayed by them on the front handlebars, unless advised by the Race Director. It is the responsibility of the competitor to ensure the number plate is fixed correctly, securely and is visible to the Time Keeper when crossing the start/finish line.
4. The race number must be passed between team members **ONLY** in the Transition Area.
5. If a race number is lost the Race Director must be informed immediately, and a replacement number issued before starting another lap.
6. Riders must not try to overtake in the Lap/Finish Shute and **ride Single File Only** through the Transition Area.
7. Riders who suffer mechanical problems and/or injuries may complete the lap on foot with their bike to qualify for a completed lap time.
8. A rider who decides to return to the transition area without completing the full lap will not have a lap time recorded.
9. Once on the course riders must continue in the course direction at all times.
10. All riders who do not finish a lap must advise the Race Director as soon as they return to the Transition Area.

11. At the designated finish time no riders will be permitted to commence another lap. If a rider is on the course when the designated finish time clicks over the lap may be continued and it will count towards the score.

### 3. SAFETY

1. Every participant must wear a bicycle helmet that is fastened, fitted correctly and satisfies the current Australian Standard or equivalent when riding a bike at the event site.
2. Helmets must be worn during official practice as well as during competition. All helmets must have a visible compliance sticker affixed to the helmet.  
Equivalent standards are -
  - AS/NZ 2063
  - ANSI Z90.4
  - Snell "B" or "N" series
  - ASTM F-1447
  - Canadian CAN/CSA-D113.2-M
  - U.S. CPSC standard for bicycle helmets
  - European CEN standard for bicycle helmets (EN1078)
3. Footwear must be fully enclosed.
4. The ends of handlebars and any extensions must be solidly plugged to prevent injury.
5. Bikes must be fitted with at least one front and one rear brake, both in working order at the start of an event.
6. All bikes used in the competition must be powered by human power alone.
7. Bikes must use a wheel on both front and back that is no bigger than 73.6 cm (29 inches).
8. Competitors may wear personal audio equipment whilst racing in **one ear only**, they must be able to hear calls from Marshals and other riders at all times.
9. From last light to first light at a time specified by the Race Director all riders starting the course must display a lit White Front Light or helmet mounted light and a lit Red Rear Light on their bike at all times when on the course until notified they can be turned off.
10. The Race Director may at any time prior to, or during an event, shorten, stop or cancel the event where there is a likelihood of serious injury to competitors or bystanders, or damage to the environment. In the case of an event halted due to adverse weather conditions, results are based on the last lap completed by the leaders.
11. In the case where a rider comes across an accident or injury the rider must stop to see if the competitor is OK and if necessary wait until the next rider comes along so that a message can be passed on to the next check point for assistance. You must remain with the injured competitor until assistance arrives.